Digger Bread

Ingredient	10 loaves	15 Loaves	25 loaves	50 loaves
Water	1.25 lbs	1.9 lbs	3.125 lbs	6.25 lbs
	(2.5 C)	$(3 \frac{3}{4} C)$	(6.25 C)	(12.5 C)
Non-Fat Milk	1.25 lbs	1.8 lbs	3.125 lbs	6.25 lbs
		$(3 \frac{3}{4} C)$		
Honey	2TB	3TB	5TB	10TB
			(1/4 C + 1TB)	(1/2 C + 2TB)
Old Dough	.5 lbs	.75 lb	1.25 lbs	2.5 lbs
Yeast	1TB	1.5TB	2.5 TB	5TB
WW Flour	2.84 lbs	4.26 lbs	7.125 lbs	14.25 lbs
Salt	4 tsp+	2 TB+	3TB + 2tsp	7TB
	_		•	(1/4 C + 3TB)
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- Average temp of liquids should be 70-75 degrees (for example: milk at 50 w/water at 90-95; both at 75; etc) if it's warm out. 80-85 degrees if it is cool out.
- Water/Milk/Honey/Yeast together
- Add flour and salt into liquid
- Mix ingredients by hand or with a spatula to incorporate
- Let mixture sit at 75-90 degrees for about 90 minutes, folding/kneading every 20 minutes
- Meanwhile butter the cans
- Weigh into 9-ounce pieces (.56 pounds) for small cans 12-14 oz for coffee or larger cans
- Round up the pieces into a ball; roll the balls into slightly oblong shapes and drop them into the cans
- Let rise 30-40 minutes
- Put them into the oven at 425-450
- Bake for about 25-30 minutes
- Take them from oven; let them sit for a couple of minutes; then tip them out onto a cooling rack.
- Eat them or give them away **FREE!**

^{*} updated Digger Bread recipe from http://www.diggers.org/diggers/digbread.html for OPENeducation 8/27/11